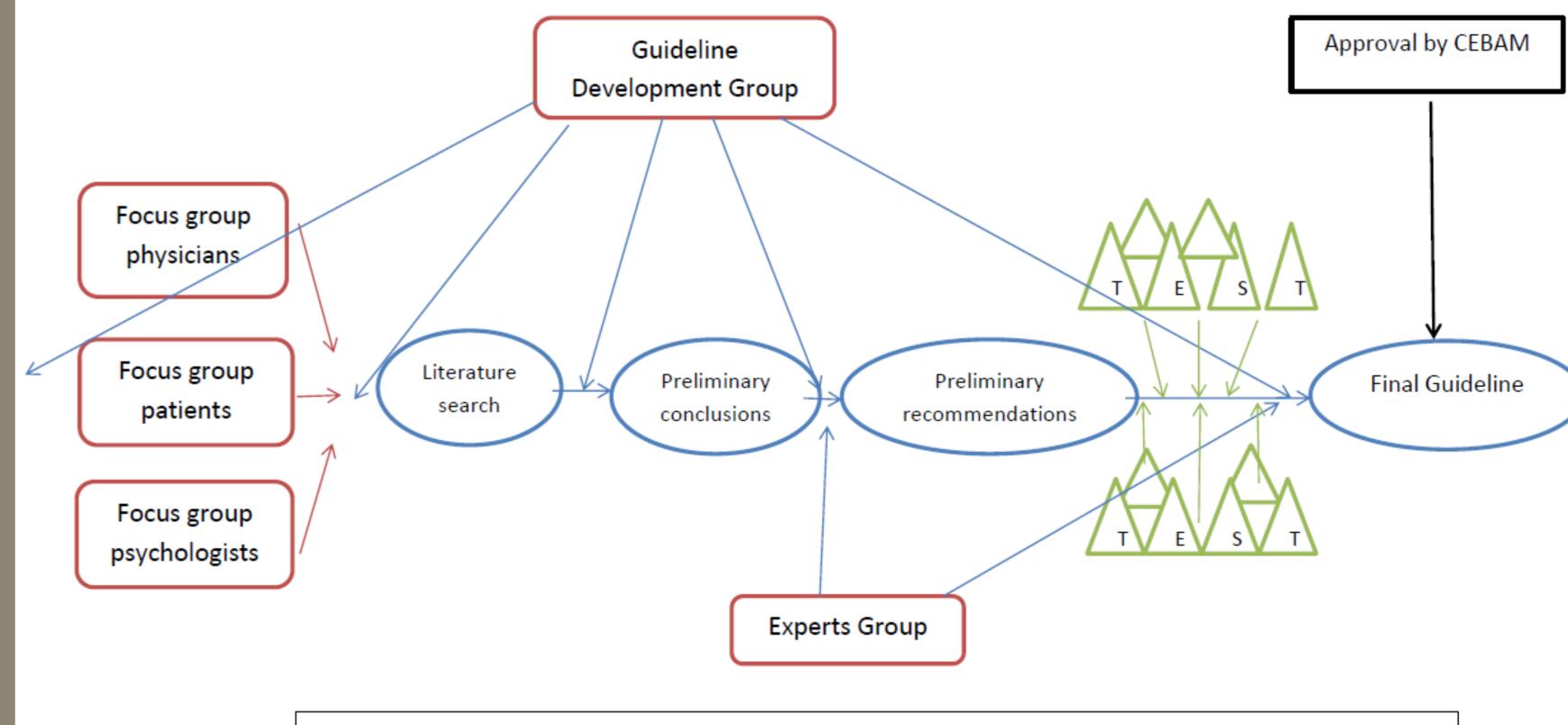
## Focus groups: a method of dialogue between clinicians and research

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**Grounds for this research** 

Developing process

- high prevalence
- symptoms interfering with those of substance abuse
- in addiction care often unrecognized
- little research data
- current guidelines not useful in this population



Guidance committee of the Public Ministry of Public Health

## **Problem areas in diagnosis**



## Problem areas in treatment



## Conclusion

This is the first guideline for adults with ADHD and SUD

Focus groups is a valuable method to develop guidelines, especially given the lack of research data

- Screening for ADHD is essential for all patients with SUD: ASRS is a sensible screening instrument with less specificity
- The diagnostic requirements for ADHD in adults with SUD are too strict; both with
- regard to abstinence as to the need for contact with the family
- The treatment must be integrated in the usual addiction treatment program There is a need for an European guideline





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A guideline is developed and electronically available on http://fur.ly/a6h1